

Reminder: EAP is here to help!

Our organization offers all employees a **local, free, independent EAP** to support you and your household members.

This is a stressful time. Family stress, worries over the Coronavirus, money, work/life balance, substance abuse, legal problems: you name it, and EAP helps with it.

Invest EAP is a **confidential** clinical and wellbeing agency with the ability to provide counseling and resources to your entire household, including phone- or video-based support. **No problem is too big or too small.**

Call them today.



“ I was feeling completely **overwhelmed** in my **marriage** and work was so **stressful**. **EAP** helped me regain a sense of balance and resiliency, and I’ve been doing much better. ”

TESTIMONIAL FROM A LOCAL RESIDENT WHO ACCESSED INVEST EAP



FINANCIAL AND LEGAL HELP

Free advice and planning from attorneys, accountants, and other professionals ready to help with your needs.



COUNSELING

Solution-focused sessions help you with any problem you may be facing: parenting, divorce, anxiety, depression, and more.



BEHAVIORAL HEALTH

There is no health without mental health. EAP’s approach takes a holistic approach to your total wellbeing and increases your resiliency.



LIFE RESOURCES

Unlimited consultation, assessment, and customized referrals for major life issues such as childcare, eldercare, adoption, housing, transportation, and more.

COUNSELING

RESOURCES

REFERRALS

WORK CONFLICT

WELLNESS



Centers for Wellbeing

24/7/365: 866-660-9533 | WWW.INVEST EAP.ORG